

mighty mini™

# GOOD THINGS COME IN SMALL PACKAGES

## mini Softgel, mighty Formula

We are excited to bring to you an updated version of our exclusive prenatal supplement, a mini, pint-sized, easy-to-swallow softgel. During the stage of pregnancy, when swallowing pills proves to be challenging for many moms-to-be, **mighty mini™** fills the gap by providing a full spectrum of nutrients +DHA, hence its name, mighty mini. Another hurdle many women face at this stage is a great sensitivity to smell. We therefore went to great lengths to provide a solution and added a mint-infused scented insert into every bottle. **Mighty mini™** is now a cinch to take!

Based on cutting-edge research, sound scientific discoveries and the latest knowledge, **mighty mini™** contains the most advanced and bioactive forms of 19 essential nutrients and minerals +100 mg of DHA.

## METHYLFOLATE VS FOLIC ACID

Unlike folic acid, the source Methylfolate is body-ready and eliminates the risk of unmetabolized folic acid. This naturally occurring form of folate is required by a large percentage of women due to an MTHFR gene mutation, as these women cannot fully process synthetic folic acid at RDA or higher dose levels.

## DHA BENEFITS:

The structural fatty acid DHA is crucial for proper eye and central nervous system development, impacting some of the most significant brain functions including vision, cognition and motor function. While DHA is important for everyone, it can be especially vital for babies. Fetuses get DHA while in the womb, and babies could get DHA through their mothers' milk. But, many women do not have enough DHA for themselves, let alone enough DHA for two.

## IMPORTANCE OF IRON:

Pregnant women are especially susceptible to anemia because of the extra demands on their nutritional stores. **Mighty mini™** contains a robust dose of highly absorbable Iron which is especially gentle on the stomach as does not cause constipation.

## Why mighty mini™?

The bioavailability of each ingredient is what sets **mighty mini™** apart from standard prenatal vitamins.

Oftentimes, sources of vitamins and minerals are not in the forms which the body can easily digest, and then the digestive system has to perform complex conversions before the nutrients are available for nutritional purposes. Therefore, we ensure that **mighty mini™** contains the most advanced and bioactive forms of essential nutrients and minerals. We source these natural ingredients and bring them to you in their wholesome, purified state, just the way nature intended.



## RECENT FORMULAIC ADVANCEMENTS

### Fresher Smell

Mint-infused scented insert included in every bottle to maintain a fresh smell.



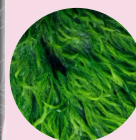
### B Vitamins

Sourced from bioactive forms, which are better absorbed and far more effective. Since they are body-ready, they don't require complex conversions or mega dosing.



### Omega - DHA

Sourced from NON-GMO algae, which is a vegan source, meaning greater purity. Our DHA is easy to digest.



advanced  
nutrition by  
**ZAHLER**



Advanced  
science in each  
and every bottle



Using only the  
purest natural  
ingredients



Manufactured  
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**Ask Zahler®**  
877.ASK.ZAHLER  
ask@zahlers.com  
zahlers.com